

# EDIBLE EVENTS

## Wednesdays through October 8

This year the **Chico Gardeners' Swap Meets** will be held at regular locations listed below. Do you have an excess of eggplants and a shortage of tomatoes? A plethora of peaches but a craving for apricots? Fill your ChicoBag (or container of choice) with your extra (but edible) home-grown fruits and/or veggies and SWAP them with another grower for something you like better. The swap meets are a free, weekly, community-building event sponsored by the Chico Food Network. Don't have a garden? No problem—wild blackberries, the fruit from neglected plum trees and the like are welcome as well, but please avoid picking from plants growing close to major roads. Bike or walk: 1<sup>st</sup> Wednesdays (6/4, 7/2, 8/6, 9/3, 10/1), 6-8 at The Cause, 727 W. 4th Ave; 2<sup>nd</sup> Wednesdays (6/11, 7/9, 8/13, 9/10, 10/8), two locations, 4-5 pm at Chico Community Children's Center, 2224 Elm St., and 6-8 pm at Chico Grange Hall, 2775 Old Nord Ave (near Rodeo Ave); 3<sup>rd</sup> Wednesdays (6/18, 7/16, 8/20, 9/17), 6-8 pm at

Chico Peace and Justice Center, 526 Broadway; 4<sup>th</sup> Wednesdays (6/25, 7/23, 8/27, 9/24), 6-8 pm at W. 16th St. and Normal Ave.

## June 21 through August 23

Every Thursday again this summer **Downtown Redding Marketfest 2008** brings live music, arts & crafts vendors, children's activities, fine food and beverages—plus the Healthy Community Pavilion and certified farmers' market sponsored by Mercy Medical Center. Viva Downtown Redding sponsors. 5-9 pm, Thursdays. Downtown, Liberty Park, behind Lorenz Hotel on California St. between Yuba and Placer sts.

## June 28

Come play with your food at the **Farmers' Market Family Day** at the Redding Certified Farmers' Market (Cypress Ave.). Supervisor Glen Hawes will be hosting fun activities for kids and adults on ways to grow, eat and play with fruits and vegetables. Win kids prizes and a produce box raffle for families. Part of the Healthy Shasta movement! Free. 8 am to noon. Contact Shasta County

WIC for information, 225.5168.

## June 28

Chico Farmers' Market celebrates its annual **Red, White, and Blue Berries** event. Members of the community work up their favorite berry recipe and enter their dish for tasting and awards. Watch the market for flyers posted describing categories under which you can enter.

## July 5, August 2, September 6 (first Saturdays)

Turtle Bay offers **Charlie Rabbit and His Friends**, an ever-changing interactive program in the Gardens or Greenhouse (in rain) for children, their siblings, parents and grandparents. Wear gardening clothes! Free with Park or Garden admission. 9:30 am. Meet at West Garden Entrance—off of Arboretum Dr. next to Turtle Bay School.

## Saturday, July 12

During **Slice of Chico**, downtown Chico's merchants invite the community downtown for a day filled with great shopping, hot prices, and FREE slices of ice-cold watermelon. A summertime tradition, Slice of Chico begins at 9 am. Downtown Chico.

## Saturday, July 19 Wheeled Migration and The Elements Project

come together in celebration and education. Help to send off a crew of local cyclists as they embark,



by bike, on a twelve day journey to the Sustainability Conference in San Luis Obispo. Some of your favorite Chico Bands, and some special guests will perform on a Bio-diesel Fire Truck solar powered stage. Music all afternoon! Bring a picnic! All ages welcome! Come by bike! 4-9 pm. Riparian Land at the end of Normal Ave. & West 22<sup>nd</sup>. Call Sarah for more details at 781-2369.

## July 26

Chico Farmers Market's annual **Tomato Festival**. Past festivals have included awards for costumed folks and for recipes featuring tomatoes. Visit the Chico Farmers' Market regularly, and look for the flyers advertising specifics for both costumes and tomato entries. 7:30 am-1 pm. 2<sup>nd</sup> and Wall, Chico.

## September 7

**Taste of Chico 2008** boasts tastings from over 80 restaurants, breweries, wineries and beverage distributors and four main stages with continuous live music and performances. The



“Open Air Art Gallery” previews fine artists from the Chico Art Center’s Open Studios Tour. Noon-4 pm. Downtown Chico.

### Mid-September through October 4

**Search for a Golden Shoe** to win great prizes, all while exploring local options for healthy eating, hiking and family adventure! Golden Shoes will be hidden throughout Shasta County mid-September through October 4. Clues will be posted at [www.healthyshasta.org](http://www.healthyshasta.org) by September 15. The hidden Golden Shoes have tags providing directions on how to claim a prize. Call 229.8243 for more information.

### September 26

This first and historic **Chico Palio Community Banquet** features locally grown and produced food in an exquisite outdoor setting in downtown Chico. Enjoy an elegant, fall evening in the streets of Chico, complete with strolling musicians, great food and great drink in the No. 10 Best Art Town in America! For complete details visit [www.chicopalio.org](http://www.chicopalio.org) or call 530-228-2860 for tickets. 5:30-8:30 pm. Downtown Chico.

### October 4

Join the fun at **Healthy Shasta’s 3rd Annual Walk This Way at Turtle Bay**. Enjoy free admission to Turtle Bay Exploration Park, healthy cooking demos, children’s activities, entertainment, live music, health screenings, family fun walk and all Turtle Bay has to offer! 9 am to 1 pm. Visit [www.healthyshasta.org](http://www.healthyshasta.org) for details. Call 225-5351 for more information.

### Ongoing

Pedrozo Dairy and Cheese offers you an opportunity to “**Be the Cheesemaker.**” Visit the family

dairy, work in the cheeseroom, sample cheeses. When the cheese you made has aged, it’s yours! Cost includes the tasting and 2-lb. wheel of cheese. Email Mandy Pedrozo, [mandy@realfarmsteadcheese.com](mailto:mandy@realfarmsteadcheese.com), to discuss cost and timing. Pedrozo Dairy and Cheese, 7713 Rd. 24, Orland.

Almost every week of the month, **California Kitchen and Company** in Red Bluff offers cooking classes taught by professional chefs. For their full schedule visit [californiakitchencompany.com](http://californiakitchencompany.com) where you can also sign up to receive the schedule of classes and tastings via email. California Kitchen and Company, 645 Main St., Red Bluff.

Chef Rebecca Stewart of Spice Creek Café in downtown Chico teaches fun-filled and informative **Tuesday night cooking classes** twice a month at the restaurant. All classes include wine pairing and some include the winemaker. To receive a schedule of specific classes and/or sign up for a class, call the restaurant at 530.891.9951, or you can view a schedule of the classes on offer in the restaurant window. Spice Creek Café, 230 West Third St., Chico.

The Raw Bar in Chico offers a variety of **cooking classes on Sundays**: Sushi/Sake 101, Sushi/Sake 202 (Advanced), and Thai home cooking. For more information, call 530.897.0626 or email [darren@rawbarchico.com](mailto:darren@rawbarchico.com). The Raw Bar, 346 Broadway, Chico.

First Tuesday of every month, **Monk’s Wine Lounge Bistro plans special dinners, often with local winemakers.** Contact Monk’s at 343.3408 for details. Monk’s Wine Lounge Bistro, 128 W. 2nd St., Chico.



**CHICO PALIO**  
*Community Banquet*

5:30 PM-8:30 PM  
Friday, Sept. 26 in  
Downtown Chico

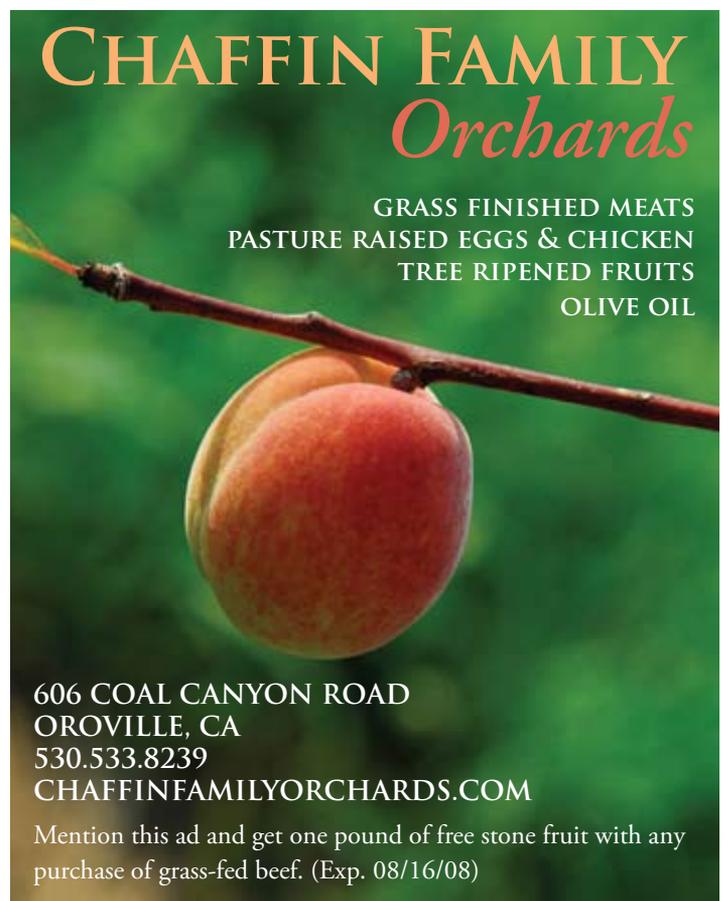
Locally grown and prepared food in an exquisite outdoor setting.

Bring your family, your friends. Enjoy an elegant fall evening in the streets of Chico. Strolling musicians, great food and great drink in the No. 10 Best Art Town in America!

OCTOBER 2008  
**ARTOBER FEST**  
CHICO, CA  
[WWW.ARTOBERFEST.ORG](http://WWW.ARTOBERFEST.ORG)

Details at [www.chicopalio.org](http://www.chicopalio.org)  
or call (530)228-2860 for tickets.

**CHICO PALIO**



**CHAFFIN FAMILY**  
*Orchards*

GRASS FINISHED MEATS  
PASTURE RAISED EGGS & CHICKEN  
TREE RIPENED FRUITS  
OLIVE OIL

606 COAL CANYON ROAD  
OROVILLE, CA  
530.533.8239  
[CHAFFINFAMILYORCHARDS.COM](http://CHAFFINFAMILYORCHARDS.COM)

Mention this ad and get one pound of free stone fruit with any purchase of grass-fed beef. (Exp. 08/16/08)